



Pleasant Street Primary School – PE Vocabulary



EYFS	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
Dance						
<p>Nursery Slow, fast, march, crawl, creep, space, freeze, tired, sleepy, sad, grumpy, happy, low, high, copy</p>	<p>Direction, spin, end, spring, far, statue, slow, fast, stillness, feelings, forwards, backwards, strong, freeze, travel, gallop, turn, gentle, hop, in and out, jump, middle, mood, near, on the spot, sideways, beginning, end, skip, bounce, space, dart, glide.</p>	<p>Angry, bounce, calm, canon, cool down, curved, direction, excited, fast, happy, heart rate, high, leap, lonely, low, medium, pathways, sad, slow, stimulus, sweaty, tired, warm up, zig zag.</p>	<p>Canon, circle, copy, dynamics, explore, follow, improvisation, lead, line, motif, partner, relationships, repeat, space, structure, unison, rock.</p>	<p>Action, analyse, canon, character, communication, costume, describe diet, evaluate, gesture, interpret, mobilise joints, narrative, props, question and answer, reaction, repetition, unison, beat.</p>	<p>Dance style, formation, gesture, graffiti, motif, pattern, pavane, rhythm, rush, tag, technique, variation.</p>	<p>Canon, contact work, bar, barrier, fast footwork, frog, high energy, lean, lift, lindy hop, pull, push, scarecrow, stamina, style, unison.</p>
<p>Reception slither, gallop, shuffle, roll, crawl, fast, slow, lead, follow copy, share, wait, before, after, forwards, backwards, happy, excited, sad, hot, cold, sleepy, stretching, curling, reaching, twisting, turn, turning, strong, gentle, heavy, floppy between, through, above.</p>						
Gymnastics						
<p>Nursery Forwards, backwards, on, off, stretch, still, move, copy, tall, small, stop, go, bench, mat, roll.</p>	<p>Across, knees, step, along, land, still, around, level, stop, neck, long, straight, bottom, low, tall, bounce, narrow, tensions, crawl, off, through, extension, pull, under, feet, push up, forwards, backwards, relaxation, wide, grip, rock, zig zag, hands, roll, hang, shape, head, skip, heels, slide, high, slowly, hop, speed, jump, spring.</p>	<p>Angular, sideways, arms, smooth, forwards, backwards, swing, behind, take off, copy, through, curled, towards, fast, tummy, fingers, twisted, hang, under, hips, upside down, in front, wide, legs, zig zag, medium, narrow, over, quarter-turn, sequence, shape, shoulders, sides.</p>	<p>Combinations, contrasting, explosive, flow, half turn, inverted, sustained.</p>	<p>180°, 270°, 90°, across, against, approaching, away, axis, combine, height, inversion, leaving, link, rotation, spinning, stamina, strength, suppleness, towards.</p>	<p>Asymmetry, crouch, display, feet apart, feet together, flight, inclined, matching, symmetry.</p>	<p>Aesthetic, counter balance, counter tension, judgement, obstacle, straddle over, tension.</p>
<p>Reception Forwards, backwards sideways, bench, mat, roll, long, slow, on, off, stretched, curled, tuck, body parts, tall, small, shape, hold, spin, balance, still, jump, freeze, skip, gallop, hop, bounce, travel, copy, points, patches, sequence, wide, thin, in front, behind.</p>						

Vocabulary in blue represents prior learning.



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Athletics						
<p>Nursery Walk, run, stop, start, go, throw, catch.</p> <p>Reception Walk, jog, throw catch, target, jump run, hop, skip, fast, slow pass, in pairs.</p>	Far, slow , balance, bend, improve, hop, safely, travel, fast , aim, direction.	Sprint, landing, distance, height, overarm, underarm, jog , take off.	Speed, pace, control, faster, further, higher, power, strength, accurately.	Aim, backwards, bounce, catch, drop, far, fast , forwards, high, low, hop, medium, near, run, safely , sideways, skip, slow , step, straight, throw .	Fast, slow, jog, measure, medium, pace , power, pull, push, record, relay, safety , sling, speed, sprint, stamina, steady, time, personal best.	Measure , pacing, position of feet on last stride, power , race, record , relay , take over area, rules, run up, safety , set targets, speed, stamina , strength, suppleness, time.
Invasion Games						
<p>Nursery Start, stop, go, team, throw, catch, kick.</p> <p>Reception Run, chase, start, stop, team, tag, balance, safely, space, forwards, backwards, catch, throw, kick, roll, pass.</p>	Defender, score, points, dribbling, attack, partner, run, chase, start, stop, team, tag, balance, safely, space, forwards, backwards, catch, throw, kick, roll, pass.	Receive, send, teammate, dodge, bounce pass, chest pass, possession, goal, , score, points., space, forwards, backwards, catch, throw, kick, roll, pass.	Back up, dribble, keeping possession, keeping the ball, score keeping, making score, space, pass, scoring goal, send, receive, support partners, travel with the ball.	Goals, keep, keep control, make and use space, pass, points, rules, support, tactics.	Covering, depth, dribbling, marking, passing, shielding the ball, shooting, support, width.	Attackers, covering, defenders, marking, possession, repossession, supporting, team play, team positions.
Net and Wall						
<p>Nursery Throw, catch, forwards, backwards.</p> <p>Forwards, backwards, bounce, safely, throw, catch, space, team.</p>	Ready, position, net, underarm, score, points, partner.	Receive, defend, return, collect, quickly, trap, against.	Serve, accurately, racket, control, rally, track, opponent, court, target, net, hit, defend.	Receive , backhand, forehand, defend , tactics, difficulty score points.	Volley, footwork, set, tactics , cooperatively, change speed, change direction.	Deep, forecourt, defensive, attacking, consecutive, consistently, doubles, partner, overhead, lob.
Strike and Field						
<p>Nursery Forwards, backwards, run, pass, roll, team, bat, throw, catch, hit,</p> <p>Reception Forwards, backwards, run, pass, roll, team, bat, throw, catch, hit, space, safely.</p>	Hit, target, score, points, partner,	Fielder, receive, send, team mate, batter, bowler, runs.	Strike, grip, rounders, backstop, bowl, post, wicket, wicket keeper, batting, fielding, base, score, team work.	Stance, retrieve, opposition, technique, stumped, innings, boundary.	Pressure, back up, support, over take, marking, tactics, crease, over, offside.	Obstruction. Continuous, consistently, defensive hit, drive hit, pitch, leg side, spin.

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