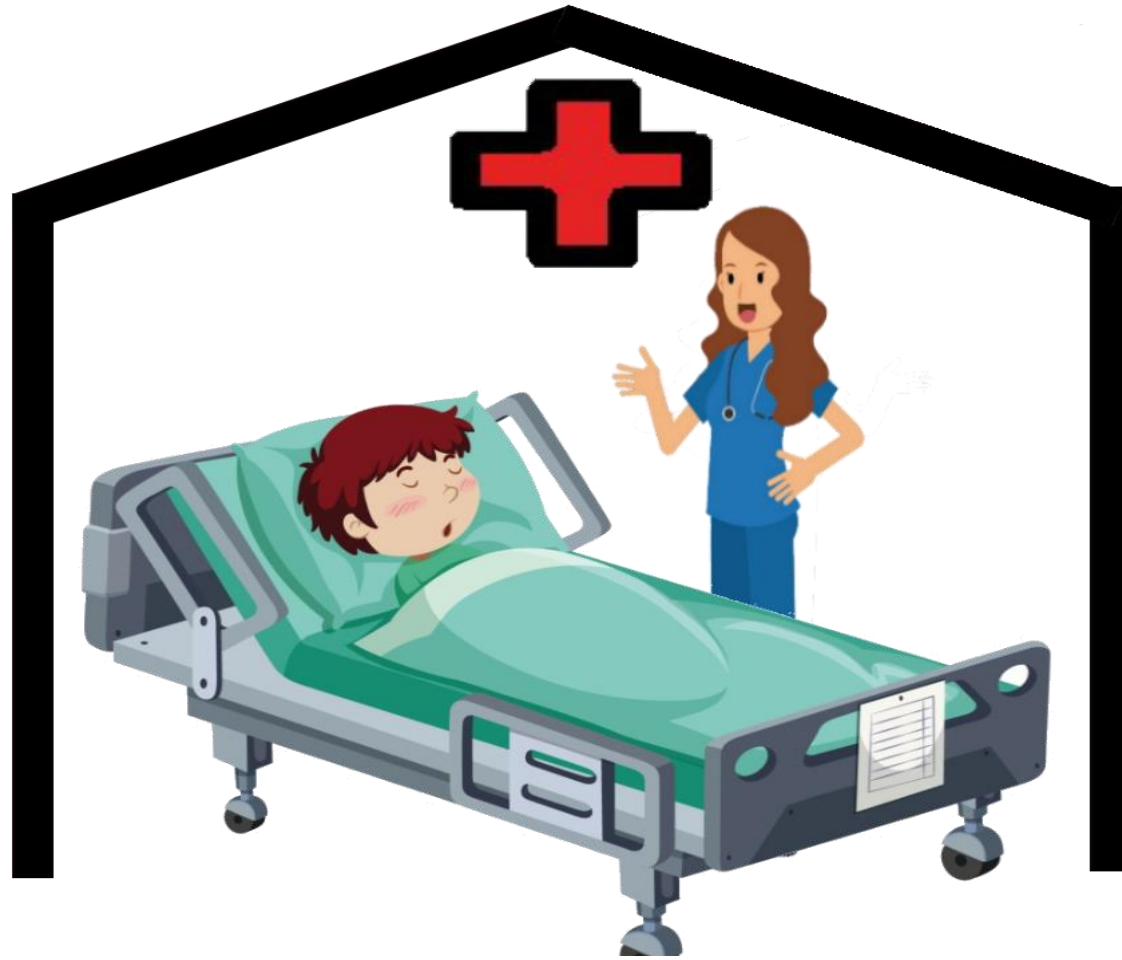




**Sometimes we need to have the nasal spray.**



**The nasal spray can stop us getting poorly from the flu virus.**

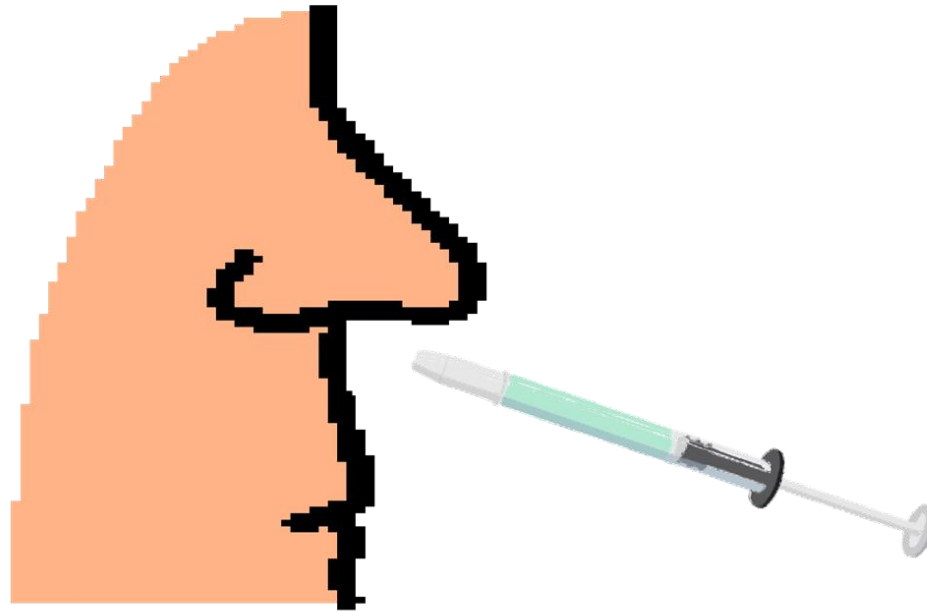


**Nurses and Doctors give the nasal spray.  
It takes just a few seconds to do.**



**When it is time for my nasal spray an adult will take me to the nurse.**

spray



**The nasal spray will go up my nose.  
It will not hurt.**



**The nurse will give me my nasal spray.**



**Well done! You are a superstar!**



**Most people feel okay after the nasal spray. If you feel poorly or get a rash after the nasal spray tell an adult.**