

Primary Lunch Menu



Week beginning 24th April 2023

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Spanish style fajita served in a toasted wholemeal pitta bread.	Braised vegetable tagine, served with tabbouleh, packed with lemon and herb.	Homemade veggie shepherd's pie with a crispy potato topping	N/A	Fresh crispy cod, chunky chips and mushy peas.
Alternative Jacket potatoes with tuna and other fillings available daily	Herby pesto rosso tossed in wholemeal penne pasta.	Egg fried rice, served with a melody of vegetables.	Spanish tortilla served with lemon aioli (sauce optional)	N/A	Quorn nugget roll, salad and chunky chips.
Homemade Soup	Sweetcorn	Chef's Choice	Roast Tomato	N/A	Chef's Choice
Starchy Food Various bread choices available	Pitta bread, pasta.	Bulgar Wheat	Potato	N/A	Chunky Chips
Vegetables Salad Bar with Hummus	Sweetcorn	Broccoli Florets	Honey Roasted Carrots	N/A	Tartare Sauce
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Apple and mixed berry crumble served with homemade custard.	Homemade blueberry muffin.	Mixed fruit bowls and creamy yoghurts.	N/A	Creamy homemade cheesecake.

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.