

Primary Lunch Menu



Week beginning 15th May 2023

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Cottage pie topped with creamy mash	Spaghetti Bolognese in a rich tomato sauce	All day breakfast – sausage, mushrooms, tomato and hash brown	Spanish chicken and rice	Meatball subs and chips
Alternative Jacket potatoes with tuna and other fillings available daily	Cheese and onion quiche	Veggie fried rice	Sweet chilli style noodles	Vegetable lasagne	Vegetable rolls
Homemade Soup	Tomato and basil	Chef's Choice	Pea Soup	Chef's Choice	Chef's Choice
Starchy Food Various bread choices available	Potato	Wholemeal Pasta	Noodles	Wholegrain rice	Wholemeal baguette
Vegetables Salad Bar with Hummus	Green beans	Red pepper	Tomato	Roast carrots	Peas
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Homemade shortbread	Creamy fruit yoghurts and watermelon	Apple and cherry crumble	Homemade chocolate brownie	Homemade creamy cheesecake

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by its partner schools. Any surplus is reinvested in the company or returned to its member schools.