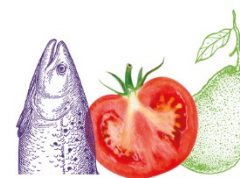


Primary Lunch Menu



Week beginning 12th June 2023

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Vegetable and Feta Pasta	Bean Kofte in Pitta Bread	Pesto and Fresh Linguini	Roast Dinner with Homemade Yorkshire Pudding	Crispy Fresh Cod Fillets with Home Cut Chips
Alternative Jacket potatoes with tuna and other fillings available daily	Tabbouleh Salad	Pizza Style Toasties	Homemade Scouse and Crusty Bread	Egg Fried Rice	Meat Free Rolls
Homemade Soup	Chef's Choice	Roast Tomato	Chef's Choice	Spiced Carrot Soup	Chef's Choice
Starchy Food Various bread choices available	Cous Cous	Bread	Pasta	Potato	Chunky Chips
Vegetables Salad Bar with Hummus	Coleslaw	Peas and Sweetcorn	Carrots	Broccoli	Tartare Sauce
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Lemon Shortbread	Fruit Salad	Homemade Muffins	Choc Ice	Homemade Churros

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by it's partner schools. Any surplus is reinvested in the company or returned to its member schools.