

Primary Lunch Menu



Week beginning 18th September

	Monday	Tuesday	Wednesday	Thursday	Friday
Main Meal We provide a variety of seasonal hot and cold dishes for children to freely choose from	Vegetable Pasta Bake	Cheese and Onion Pie	Fish Fingers and Garden Peas	Sausage and Creamy Mash	Quorn Dippers and Chips
Alternative Jacket potatoes with tuna and other fillings available daily	Caribbean Rice and Peas	Sundried Tomato Pasta	Garlic and Herb New Potatoes and Halloumi	Egg Fried Rice	Crispy Cod and Chips
Homemade Soup	Chef's Choice	Tomato	Chef's Choice	Chef's Choice	Chef's Choice
Starchy Food Various bread choices available	Rice	Pasta	Potato	Rice	Potato
Vegetables Salad Bar with Hummus	Broccoli	Tomato	Peas	Peppers	Mushy Peas
Dessert Fresh fruit, selection of low-fat yoghurts and homemade puddings available every lunch time	Creamy Yoghurts	Choc Ice	Fresh Fruit Salad	Ice cream	Chocolate Doughnut

Ask for daily chef specials

All our meat is sourced from local suppliers, we use free range eggs and organic flour where possible. All our fruit and vegetables are locally sourced where possible. Halal options available.

Food For Thought is a not-for-profit school meals company owned by it's partner schools. Any surplus is reinvested in the company or returned to its member schools.