

PRIMARY LUNCH MENU



Week 5 w/c 11th Dec	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Tomato and Basil	Broccoli and Cheddar	Chef Choice	Chefs Choice
Main Meal	Vegan Ravioli in Tomato Sauce with Crusty Bread	All Day Breakfast	Chicken Tikka Curry with Wholegrain Rice	Cottage Pie	Fish Fingers with Chips and Garden Peas
Meat Free Main Meal	Veggie Chilli and Rice	Egg Fried Rice	Vegetable and Lentil Stew	Vegetable Quesadillas	Veggie Sausage Roll
Side Dish	Crusty Bread	Toast	Wholegrain Rice	Mash	Chips
Vegetable	Tomatoes	Mushrooms	Green Beans	Peas and Carrots	Garden Peas
Dessert	Fresh Fruit Salad	Shortbread Fresh Fruit	Chocolate Sponge Cake and Fresh Fruit	Apple Flapjacks/Fresh Fruit	Cheese and Crackers/Yoghurt
Jacket Potatoes with tuna, cheese or beans, a selection of sandwiches, salad, hummus, fresh fruit and yoghurts available daily		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	

PRIMARY MENU



Week 7 w/c 18 th Dec	Monday	Tuesday	Wednesday	Friday
Soup of the Day	Chef Choice	Roasted Vegetable	PARTY FOOD	Chefs Choice
Main Meal	Vegetable Spaghetti Bolognese with Garlic Bread	Christmas Dinner: Roast Chicken, Roast Potatoes, Stuffing, Sprouts, Carrots and Turnips		Fish Fingers with Chips and Garden Peas
Meat Free Main Meal	Baked Cheesy Baguettes	Vegetarian Christmas Dinner		Veggie Sausage Roll
Side Dish	Wholemeal Spaghetti	Potatoes		Chips
Vegetable	Tomatoes	Sprouts, Carrots, Turnip		Garden Peas
Dessert	'Chocolate' Fudge Cake/Fresh Fruit	Christmas Tree Ice Creams		Cheese and Crackers/Yoghurt
Jacket Potatoes with tuna, cheese or beans, a selection of sandwiches, salad, hummus, fresh fruit and yoghurts available daily		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements