

# PRIMARY LUNCH MENU



<b>Week 2 w/c 15<sup>th</sup> January</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	Chef Choice	Tomato and Basil	Broccoli and Cheddar	N/A	N/A
<b>Main Meal</b>	Tomato and Basil Pasta	Chicken roast dinner with seasonal vegetables and potatoes	Scouse with Crusty Bread and Pickled Beetroot	Margherita Pizza	Fish fingers with chips and garden peas
<b>Meat Free Main Meal</b>	Cheese and onion pie with carrots and peas	Vegetarian chili with rice	Creamy Garlic Pasta	Lentil Stew	Chicken burger in a bun with chips
<b>Side Dish</b>	Wholemeal Pasta	Potatoes	Crusty Bread	Wedges	Chips
<b>Vegetable</b>	Tomatoes, peas and carrots	Seasonal vegetables	Red peppers and beetroot	Broccoli	Garden Peas
<b>Dessert</b>	Fresh Fruit/Yoghurt	Eton Mess	Pineapple Sponge Cake	Digestive Biscuits	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	

# PRIMARY LUNCH MENU



<b>Week 3 w/c 22<sup>nd</sup> January</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	Chef Choice	Leek and Potato	Red Pepper Soup	Tomato and Basil	N/A
<b>Main Meal</b>	Cheesy beans pasta bake	Chicken chilli tacos with tortilla chips	Creamy chicken pie	Spaghetti Bolognese with salad and garlic bread	Fish cake or fish fingers and mushy peas
<b>Meat Free Main Meal</b>	Cherry tomato and cheese flatbread	Macaroni Cheese	Asian noodles	Vegetable sausage baguette	Meat free roll
<b>Side Dish</b>	Wholemeal pasta	Wraps	Potatoes	Wholemeal Spaghetti	Chips
<b>Vegetable</b>	Tomatoes	Green Beans	Carrots	Tomatoes	Mushy peas
<b>Dessert</b>	Sponge cake and custard	Fresh Fruit	Ginger Biscuits	Fresh fruit trifle	Cheese and crackers
<b>Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.</b>		<b>Ask chef about the Daily Special</b>		<b>Please speak to a member of school staff about any dietary requirements</b>	

# PRIMARY LUNCH MENU



<b>Week 4 w/c 29<sup>th</sup> January</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	N/A	N/A	Tomato Soup	N/A	N/A
<b>Main Meal</b>	Tuna Pasta Bake	Coconut Chicken Curry	Lasagne	BBQ Chicken Wraps and Tortilla Chips	Crispy Fresh Cod Fillets and Chips
<b>Meat Free Main Meal</b>	Vegetable Rice	Stuffed Peppers	Veggie Chilli Nachos	Cheese and Tomato Wraps and Tortilla Chips	Crispy Fresh Cod Goujons and Chips
<b>Side Dish</b>	Pasta	Rice	Nachos	Tortilla Wraps	Chips
<b>Vegetable</b>	Garden Peas	Sweetcorn	Tenderstem broccoli	Carrots	Mushy Peas
<b>Dessert</b>	Fresh fruit and yoghurts	Watermelon	Chocolate Donuts	Fruit Salad	Digestive Biscuits
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	