| Week 2 <br> W/c $26^{\text {th }}$ February | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | N/A | Red Pepper Soup | Tomato and Basil | Chef's Choice | N/A |
| Main Meal | Tomato and Basil Pasta | Vegetarian Chilli Tacos <br> with Salsa | Spanish Rice | Scouse with Crusty <br> Bread and Pickled <br> Beetroot | Fish fingers with chips <br> and garden peas |
| Meat Free Main <br> Meal | Vegetarian chili with rice | Asian Noodles | Roasted Red Pepper <br> Quiche | Tuna Pasta | Meat Free Roll |
| Side Dish | Wholemeal Pasta | Wraps | Warm Baguette | Crusty Bread | Chips |
| Vegetable | Tomatoes | Carrots | Green Beans | Beetroot | Garden Peas |
| Dessert | Sponge Cake and <br> Custard | Ginger Biscuits | Fresh Fruit Salad | Fresh Fruit Trifle | Barabrith |
| Jacket Potatoes with tuna, cheese or <br> beans, and a selection of sandwiches <br> available Monday- Friday. Salad, <br> vegetables and fresh fruit available daily. | Ask chef about the Daily Special | Please speak to a member of school staff <br> about any dietary requirements |  |  |  |


| Week 3 w/c $4^{\text {th }}$ March | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef Choice | Tomato and Basil | N/A | Roasted Pepper | N/A |
| Main Meal | Quorn Mince Cottage Pie | Chinese Veg Curry with Rice and Prawn Crackers | Homemade Nachos with Chilli | Coconut Curry with Rice | Fish cake or Tandoori Salmon with Chips and Garden Peas |
| Meat Free Main Meal | Cheese Pasta Bake | Lentil and Pea Pie | Vegetable and Lentil Stew | Vegan Ravioli in Homemade Tomato Sauce with Crusty Rice | Veggie Sausage Roll |
| Side Dish | Mash | Wholegrain Rice | Wraps | Wholegrain Rice | Chips |
| Vegetable | Tomatoes | White Cabbage | Carrots | Shallots | Peas |
| Dessert | Fresh Fruit Salad | Flapjacks | Sponge Cake with Jam | Shortbread Biscuits | Cheese and crackers |
| Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, |  | Ask chef about the Daily Special |  | Please speak to a member of school staff about any dietary requirements |  |


| Week 4 <br> W/c 11 th March | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | N/A | Roasted Vegetable | Chefs Choice | Red Pepper Soup | N/A |
| Main Meal | Cheesy Pasta Bake | Vegetable Pie with <br> New Potatoes and <br> Baby Carrots | Meatball Sub with <br> Tortilla Chips and <br> Salad | Carbonara Penne Pasta <br> Bake with Sweetorn and <br> Homemade Garlic Bread | Fish Fingers with Chips <br> and Garden Peas |
| Meat Free Main <br> Meal | Cherry Tomato and <br> Cheese Quiche with <br> Salad | Veggie Toad in the <br> Hole | Vegetable Paella | Vegetable and Rice <br> Enchiladas | Veggie Sausage Roll |
| Side Dish | Pasta | New Potatoes | Crusty Bread | Wholemeal Pasta | Chips |
| Vegetable | Tomatoes | Baby Carrots | Beetroot | Sweetcorn | Garden Peas |
| Dessert | Chocolate Cake | Ginger Biscuits | Pineapple and |  |  |
| Watermelon | Scones and Whipped <br> Cream | Cheese and Crackers |  |  |  |
| Jacket Potatoes with tuna, cheese or <br> beans, and a selection of sandwiches <br> available Monday- Friday. Salad, <br> vegetables and fresh fruit available daily. | Ask chef about the Daily Special | Please speak to a member of school staff <br> about any dietary requirements |  |  |  |


| Week 5 <br> W/c $18^{\text {th }}$ March | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Carrot and Corriander | N/A | Chef Choice | Pea | N/A |
| Main Meal | Wholemeal Pizza and <br> Wedges | Homemade Veg Korma <br> with Rice and Green <br> Beans | Sausage and Homemade <br> Mash with Gravy and <br> Peas | Spaghetti Bolognese | Fish fingers with chips <br> and garden peas |
| Meat Free Main <br> Meal | Meat Free Burritos | Vegetable and Lentil <br> Stew | Tomato and Basil Pasta | Spanish Omelette and <br> Salad | Veggie Sausage Roll |
| Side Dish | Wedges | Wholegrain Rice | Mash | Spaghetti | Chips |
| Vegetable | Peppers | Green Beans | Peas | Onions | Garden Peas |
| Dessert | Fresh Fruit Salad | Flapjacks | Iced Sponge Cake with <br> Custard | Yoghurt | Cheese and Crackers |
| Vacket Potatoes with tuna, cheese or <br> beans, and a selection of sandwiches <br> available Monday- Friday. Salad, <br> vegetables and fresh fruit available daily. | Ask chef about the Daily Special | Please speak to a member of school staff <br> about any dietary requirements |  |  |  |


| Week 6 w/c $25^{\text {th }}$ March | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Soup of the Day | Chef Choice | Tomato and Basil | Red Pepper Soup | Chef Choice | N/A |
| Main Meal | Quorn Stovies | Pesto Pasta | Vegetable Shortcrust Pie with New Potatoes and Peas | Cod and Chips |  |
| Meat Free Main Meal | Cheesy Baguette | Quorn Mince Cottage Pie with Baby Carrots | Vegetable and Rice Enchiladas | Fish Fingers and Chips |  |
| Side Dish | Potatoes | Wholemeal Pasta | New Potatoes | Chips |  |
| Vegetable | Tomatoes | Baby Carrots | Peas | Mushy Peas |  |
| Dessert | Chocolate Brownie | Oat Cookies | Digestive Biscuits | Choc Ices |  |
| Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, |  | Ask chef about the Daily Special |  | Please speak to a member of school staff about any dietary requirements |  |

