

# PRIMARY LUNCH MENU



Week 1 w/c 19 <sup>th</sup> February	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup of the Day</b>	Carrot and Coriander	Chefs Choice	Tomato and Basil	Chef Choice	N/A
<b>Main Meal</b>	Wholemeal Pizza and Wedges	Wholemeal Spaghetti Bolognese with Salad and Garlic Bread	Chicken Fajita Wraps with Onions, Tomatoes and Peppers	Veggie Sausage with Roast Potatoes and Veg	Fish Cake or Fish Fingers with Chips and Mushy Peas
<b>Meat Free Main Meal</b>	Spanish Omelette	Vegetarian Sausage Toasties	Cheese and Red Onion Quiche	Vegetarian Chilli and Rice	Homemade onion bhaji with pitta
<b>Side Dish</b>	Wedges	Wholemeal Spaghetti	Wholemeal Rice	Potatoes	Chips
<b>Vegetable</b>	Peppers	Tomatoes	Onions, Peppers and Tomatoes	Carrots	Mushy Peas
<b>Dessert</b>	Fresh Fruit Salad	Fresh Fruit Trifle	Sticky Toffee Pudding	Bakewell Cherry Slice	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	