

# PRIMARY LUNCH MENU



Week 1 w/c 15 <sup>th</sup> April	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Chef Choice	Red Pepper Soup	Tomato and Basil	Broccoli & Cheddar	N/A
Main Meal	Tomato and Basil Pasta	Loaded Nachos	All Day Breakfast	Spaghetti & Meatballs	Fish fingers with chips and garden peas
Meat Free Main Meal	Vegetarian chili with rice	Asian Noodles		Twice Baked Jacket Potatoes	Crispy Cod & Chips
Side Dish	Wholemeal Pasta/Rice	Wraps/Noodles	Toast	Wholemeal Spaghetti	Chips
Vegetable	Tomatoes	Onions, Peppers and Tomatoes	Beans	Tomatoes	Peas
Dessert	Fruit Yoghurts	Lemon Shortbread	Fresh Fruit Salad	Fresh Fruit Trifle	Choc Ice
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	

# PRIMARY LUNCH MENU



<b>Week 2 w/c 22<sup>nd</sup> April</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea	N/A
<b>Main Meal</b>	Wholemeal Pizza & Wedges	Spanish Rice and Green Beans	Sausage & Mash with Gravy & Peas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Fingers with Chips and garden Peas
<b>Meat Free Main Meal</b>	Tuna Pasta	Vegetable & Lentil Stew	Tomato & Basil Pasta	Spanish Omelette with Salad	Veggie Sausage Roll
<b>Side Dish</b>	Wedges	Wholegrain Rice	Mash	Wholemeal Spaghetti	Chips
<b>Vegetable</b>	Peppers	Green Beans	Peas	Onions	Garden Peas
<b>Dessert</b>	Fresh Fruit Salad	Flapjacks	Pineapple	Digestive Biscuits	Cheese and crackers
<b>Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.</b>		<b>Ask chef about the Daily Special</b>		<b>Please speak to a member of school staff about any dietary requirements</b>	

# PRIMARY LUNCH MENU



<b>Week 3 w/c 29<sup>th</sup> April</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Soup of the Day</b>	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chinese Sweetcorn	N/A
<b>Main Meal</b>	Quorn Mince Cottage Pie	Chinese Veg Curry with Rice & Prawn Crackers	Veggie Burritos	Veg Stifado with Rice	Fish Fingers with Chips and Garden Peas
<b>Meat Free Main Meal</b>	Cheesy Pasta Bake	Chese Frittata	Vegetable & Lentil Stew	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread	Quorn Dippers
<b>Side Dish</b>	Mash	Wholegrain Rice	Wraps	Wholegrain Rice	Chips
<b>Vegetable</b>	Onion	White Cabbage	Onions	Shallots	Peas
<b>Dessert</b>	Fresh Fruit Salad	Scones	Fresh Fruit	Apple Turnovers	Cheese and Crackers
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special		Please speak to a member of school staff about any dietary requirements	

# PRIMARY LUNCH MENU



Week 4 w/c 6 <sup>th</sup> May	Monday	Tuesday	Wednesday	Thursday	Friday
Soup of the Day	Bank Holiday	Pea	Red Pepper Soup	Chef Choice	Chef Choice
Main Meal		Vegetable Curry & Rice	Carbonara Penne Pasta Bake with Peas & Garlic Bread	Sausage & Mash with Peas	Homemade Battered Fish, Chips & Peas
Meat Free Main Meal		Spanish Omelette with Salad	Vegetable & Rice Enchiladas	Falafel Pittas	Veggie Sausage Roll
Side Dish		Rice	Wholemeal Pasta	Mash	Chips
Vegetable		Cabbage	Tomatoes	Peas	Baked Beans
Dessert		Sponge Cake	Sticky Toffee Pudding	Shortbread	Chocolate Muffins
Jacket Potatoes with tuna, cheese or beans, and a selection of sandwiches available Monday- Friday. Salad, vegetables and fresh fruit available daily.		Ask chef about the Daily Special			Please speak to a member of school staff about any dietary requirements