

Lunch Menu Week 1

w/c 4th November	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Wholemeal Pizza & Wedges V	Veggie Cowboy Casserole with Pasta V	Homemade Veggie Scouse with Crusty Bread & Pickled Beetroot V	Roast Turkey Dinner with Seasonal Vegetables & Roast New Potatoes	Fish Fingers with Chips & Garden Peas
	Vegetarian Chilli with Brown Rice Ve	Cheese & Onion Plate Pie with Carrots & Peas V	Cheesy Bean Pasta V	Twice Baked Jacket Potato V	Veggie Burger in a Bun with Chips V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Raisin Cheese & Crackers Ve V	Vanilla Cheesecake V	Pineapple & Coconut Sponge V	Apple Flapjacks V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

V Vegetarian
Ve Vegan
 Oily fish

Lunch Menu Week 2

w/c 11th November	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Split pea	Chinese Sweetcorn	Leek & potato	Chef Choice
HOT MAINS	Tomato & Basil Pasta Bake with Homemade Garlic Bread V	Homemade Spanish Chicken with wholegrain Rice & Green Beans	Veggie Sausage & Homemade Mash with Gravy & Peas V	Veggie Meatball Sub with Salad & Tortilla Chips V	Homemade Battered Fish & Chips with Minted Mushy Peas
	Falafel pittas V	Roasted Pepper & Cheese Tomato Quiche V	Homemade Macaroni Cheese Served with Peas V	Vegetable & Cheese Quesadillas V	Vegetable Curry & Rice Ve
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Oat Cookies V	Apple & Oat Crumble with Pouring Cream V	Vanilla Sponge & Custard V	Cheese & Crackers V



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Lunch Menu Week 3

w/c 18th November	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato	Red Pepper Soup	Tomato & Basil	Chef Choice
HOT MAINS	Cheesy Beans Pasta Bake V	Veggie Sausage & Mash with Gravy & Peas V	Roast Turkey Dinner with Seasonal Vegetables & Roast New Potatoes	Wholemeal Spaghetti Veggie Bolognese with Fresh Salad & Garlic Bread V	Fish Fingers or Tandoori Salmon with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad V	Lentil Stew Ve	Twice Baked Jacket Potatoes V	Vegetarian Sausage Toasties V	Cherry Tomato & Cheese Quiche with Salad V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake & Custard V	Ginger Biscuits V	Fresh Fruit Salad Ve	Fresh Fruit Trifle V	Cheese & Crackers V



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 Oily fish

Lunch Menu Week 4

w/c 25th November	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Pea Soup	Red Pepper Soup	Chef Choice	Chef Choice
HOT MAINS	Wholemeal Pizza & Wedges v	Chicken Katsu Curry with Rice	Macaroni Cheese	Veggie Mince & Tatties v	Homemade Battered Fish with Chips & Beans
	Spanish Omelette with Salad v	Broccoli & Cream Cheese Pasta Bake v	Vegetable & Rice Enchiladas v	Quorn Stovies v	Veggie Sausage Rolls v
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad ve	German Apple Cake v	Sticky Toffee pudding v	Scottish Shortbread v	Rich 'Chocolate' Cookies v



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 Oily fish

Lunch Menu Week 5

w/c 2nd December	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Tomato & Basil Pasta Ve	Spaghetti & Veggie Meatballs V	Veggie Sausage & Homemade Mash with Gravy & Peas V	Chicken Curry with Wholemeal Rice & Homemade Onion Bhajis	Homemade Battered Fish with Chips & Minted Mushy Peas
	Cheese & Red Onion Quiche V	Cheese & Tomato Panini V	Macaroni Cheese V	Vegetable Biryani V	Spicy Singapore Noodles V
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Apple & Oat Crumble with Pouring Cream V	Homemade Rice Pudding with Strawberry Jam V	Iced Sponge Cake with Custard V	Fresh Fruit Salad Ve	Cheese & Crackers V




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V Vegetarian
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🐟 Oily fish

Lunch Menu Week 6

w/c 9th December	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce with Crusty Bread Ve	All Day Veggie Breakfast V	Homemade Chicken Tikka Curry with wholegrain Rice, Green Beans & Mango Chutney	Homemade Veggie Cottage pie with Peas & Carrots V	Fish Fingers with Chips & Garden Peas
	Spanish Omelette V	Roasted Red Pepper Quiche V	Vegetable & Lentil Stew V	Vegetable Quesadillas V	Veggie Sausage Roll V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Shortbread Biscuits V	Sponge Cake with Jam & Whipped Cream V	Apple Flapjacks V	Cheese & Crackers V

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Vegetarian



Vegan



Oily fish

Lunch Menu Week 7

w/c 16th December	Planet Friendly MONDAY	TUESDAY	WEDNESDAY Christmas Dinner	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Roasted Vegetable Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Garlic Bread v	Veggie Sausage Casserole v	Roast Turkey, Roast Potatoes, Stuffing, Pigs in Blankets, Sprouts, Carrot & Turnip	Chef Choice of Curry & Rice	Fish Fingers or Salmon Fish Pie with Chips & Mushy Peas
	Welsh Rarebit v	Individual Vegetable & Cheese Omelette v	Vegetarian Christmas Dinner v	Cheese & Tomato Toasties v	Sri Lankan Sweet potato & Coconut Curry v
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake v	Oat Cookies v	Christmas Tree Ice Creams v	Manchester Tart v	Cheese & Crackers v

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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