
















Lunch Menu Week 5



w/c 3rd February	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice 	Tomato & Basil 	Red Pepper Soup 	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Garlic Bread 	Sausage Casserole with Mash	Carbonara Penne Pasta Bake with Homemade Garlic Bread	Chicken Fajitas	Fish Fingers with Chips & Mushy Peas
	Welsh Rarebit 	Individual Vegetable & Cheese Omelette 	Vegetable & Rice Enchiladas 	Cheese & Red Onion Quiche 	wholemeal pizza 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake 	Oat Cookies 	Sticky Toffee pudding 	Fresh Fruit Salad 	Cheese & Crackers 




Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 6



w/c 10th February	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Tomato & Basil Pasta V	Spaghetti & Meatballs	Sausage & Mash with Peas	Chicken Curry with Wholemeal Rice & Homemade Onion Bhajis	Homemade Battered Fish with Chips & Beans
	Cheese & Red Onion Quiche V	Cheese & Tomato Panini V	Vegetable & Lentil Stew Ve	Vegetable Biryani Ve	Sri Lankan Sweet potato & Coconut Curry with Rice V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Apple & Oat Crumble with Pouring Cream V	Homemade Rice Pudding with Strawberry Jam V	Iced Sponge Cake with Custard V	Fresh Fruit Salad V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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