


















Lunch Menu Week 1



w/c 6th January	 Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Leek & Potato 	Red Pepper Soup 	Tomato & Basil 	Chef Choice 
HOT MAINS	Cheesy Beans Pasta Bake 	Meat Free Burrito 	Chicken Fajitas	Wholemeal Spaghetti Bolognese with Salad & Garlic Bread	Fish Cake or Fish Fingers with Chips & Mushy Peas
	Cherry Tomato & Cheese Quiche with Salad 	Asian Noodles 	Macaroni Cheese 	Vegetarian Sausage Roll 	Veggie Fingers 
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Sponge Cake & Custard 	Ginger Biscuits 	Fresh Fruit Salad 	Fresh Fruit Trifle 	Cheese & Crackers 



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

Please speak to a member of staff about dietary requirements. All menus are checked by a nutritionist and adhere to School Food Standards.

 Vegetarian
 Vegan
 Oily fish

Lunch Menu Week 2

w/c 13th January	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Broccoli & Cheddar	Chef Choice	Chinese Sweetcorn
HOT MAINS	Tomato & Basil pasta	Turkey Roast Dinner with Seasonal Vegetables & Roast New Potatoes	Homemade Veggie Scouse with pickled Beetroot & Crusty Bread	Chef Choice	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
	Vegetarian Chilli with Rice	Cheese & Onion Plate pie with Carrots & Peas	Roasted Red Pepper Quiche	Chef Choice	Veggie Burger in a Bun with Chips
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad	Barabrith	pineapple & Coconut Sponge	Chef Choice	Cheese & Crackers, Popcorn



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Lunch Menu Week 3

w/c 20th January	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Carrot & Coriander	Broccoli & Cheddar	Chef Choice	Pea Soup	Chinese Sweetcorn
HOT MAINS	Wholemeal Pizza & Wedges	Jewel's Chicken Karahi with Wholegrain Rice	Rich Veggie Sausage & Lentil Ragu with Mash	Chef Daniel's Veggie & Bean Quesadillas	Fish Fingers with Chips & Garden Peas
	Vegetable & Lentil Stew	Broccoli & Cream Cheese Pasta Bake	Macaroni Cheese	Spanish Omelette with Salmon	Veggie Sausage Roll
CHEF SPECIAL	Ask Chef about today's special!				
DESSERT	Fresh Fruit Salad	Apple Flapjacks	Iced Sponge Cake with Custard	German Apple Cake	Cheese & Crackers



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Lunch Menu Week 4

w/c 27th January	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice V	Tomato & Basil V	Broccoli & Cheddar V	Chef Choice V	Chinese Sweetcorn
HOT MAINS	Vegan Ravioli in Homemade Tomato Sauce served with Crusty Bread Ve	All Day Breakfast with Veggie Sausages V	Chinese Chicken Curry with Rice & Prawn Crackers	Homemade Quorn Cottage pie with Peas & Carrots V	Fish Fingers or Tandoori Salmon with Chips & Garden Peas
	Spanish Omelette with Salad V	Roasted Red Pepper Quiche V	Vegetable Egg Fried Rice V	Vegetable & Lentil Stew Ve	Veggie Sausage Rolls V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Fresh Fruit Salad Ve	Shortbread Biscuits Ve	Sponge Cake Topped with Jam & Whipped Cream V	Apple Flapjacks Ve	Cheese & Crackers V

Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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V Vegetarian
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Lunch Menu Week 5

w/c 3rd February	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Tomato & Basil	Red Pepper Soup	Chef Choice	Chinese Sweetcorn
HOT MAINS	Veggie Spaghetti Bolognese with Garlic Bread	Veggie Sausage Casserole with Mash	Broccoli and Cream Cheese Pasta Bake	Chicken Fajitas	Fish Fingers with Chips & Mushy Peas
	Welsh Rarebit	Individual Vegetable & Cheese Omelette	Vegetable & Rice Enchiladas	Cheese & Red Onion Quiche	wholemeal pizza
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	'Chocolate' Fudge Cake	Oat Cookies	Sticky Toffee pudding	Fresh Fruit Salad	Cheese & Crackers



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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Lunch Menu Week 6

w/c 10th February	Planet Friendly MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP	Chef Choice	Chinese Sweetcorn	Chef Choice	Chef Choice	Chef Choice
HOT MAINS	Tomato & Basil Pasta V	Spaghetti & Veggie Meatballs V	Veggie Sausage & Mash with Peas V	Chicken Curry with Wholemeal Rice & Homemade Onion Bhajis	Homemade Battered Fish with Chips & Beans
	Cheese & Red Onion Quiche V	Cheese & Tomato Panini V	Vegetable & Lentil Stew Ve	Vegetable Biryani Ve	Sri Lankan Sweet Potato & Coconut Curry with Rice V
CHEF SPECIAL	Ask Chef about todays special!				
DESSERT	Apple & Oat Crumble with Pouring Cream V	Homemade Rice Pudding with Strawberry Jam V	Iced Sponge Cake with Custard V	Fresh Fruit Salad V	Cheese & Crackers V



Available Daily: Jacket potatoes with tuna, cheese or beans, salad, hummus, fresh fruit and yoghurt

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