



PE Policy

At Pleasant Street Primary School we believe that Physical Education and Sport have a vital role to play in the physical, social, emotional and intellectual development of children. Physical Education and Sport are important in giving children the knowledge, understanding and the tools to make informed choices about healthy living and have a positive impact on their own health and wellbeing.

The Physical Education curriculum at Pleasant Street aims to provide for pupils' increasing self-confidence through an ability to manage themselves successfully in a variety of situations. Children will have the opportunity to take part in a wide range of sports and physical activities which are all carried out in a safe and supportive environment, where effort and hard-work, as well as success, is celebrated and enjoyment and working together is promoted.

We ensure that all pupils are equipped with relevant life skills such as taking part in competitive sports and that they are able to swim a minimum of 25 metres by the end of year 6.

We want our children to love physical education and sport. We promote high expectations, and want them to have no limits to their ambitions. We celebrate our city's tremendous sporting heritage to celebrate a diverse range of sporting icons, encouraging children to recognise and value the importance of physical and mental wellbeing.

Aims

- Develop competence to excel in a broad range of physical activities.
- Ensure that our pupils are physically active for sustained periods of time.
- Engage in competitive sports and activities.
- Lead healthy, active lives.

Expectations

By the time children leave our school we expect them to have developed a passion for Physical Education and Sport, and to have the knowledge and understanding to enable them make informed choices about healthy living. We expect our pupils to understand the positive impact that physical activity can have on their physical and mental health and wellbeing.

We also expect that by the time our pupils leave Pleasant Street, they have the ability to swim at least 25 metres, and the knowledge of how to remain safe in and around water.

Curriculum, teaching and learning

Our P.E. lessons are delivered by teaching staff in collaboration with our vastly experienced specialist coach. This allows for team teaching and CPD opportunities. Lessons are crafted to ensure progression and repetition in terms of embedding key vocabulary, learning, knowledge and skills. These are revisited year on year where pupils progressively build their skills and knowledge. At Pleasant Street, we endeavour to improve our children's fitness levels and regularly discuss the impact this has on physical and mental health with the children. We provide a broad range



of extra-curricular clubs, alongside opportunities to compete in sports competitions and festivals.

Assessment, recording and reporting

Children are assessed against the national curriculum targets relevant to the given topic. We use observations to assess children's progress, capturing and sharing evidence using both Seesaw and Twitter. Children are assessed formatively throughout their lessons, with feedback and positive modelling provided as appropriate. Regular, accurate assessment allows staff to plan activities to ensure that children make expected or accelerated progress throughout the year.

Staff development

Teachers are expected to keep up to date with subject knowledge and to teach alongside our specialised sports coach. We also work alongside Liverpool School's Sports Partnership to provide opportunities for our children, and CPD for our PE Subject Lead and teaching staff. Training needs are also identified as a result of staff questionnaires, monitoring and evaluation.

Monitoring and evaluation

PE is monitored through lesson observations, pupil and staff interviews and coach / teacher evaluations.